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ABSTRACT

Focusing on American Indians, this annotated bibliography covers a variety of resources for enriching multicultural education in the elementary classroom and includes limited information about Mexican Americans, Blacks, and other cultural groups. Each of the 26 entries provides a descriptive annotation and indicates where the material can be obtained. In addition to three films, the bibliography lists curriculum guides, periodicals, coloring books, and references containing legends, games, songs, and illustrations. Regional American Indian cultures are represented and specific tribes are mentioned including Lakota, Haida, Blackfeet, and Navajo. Examples of activities appearing in the annotations are constructing a longhouse, writing a legend, role playing, dancing, building a model totem pole, translating and writing pictograph stories, creating geometrical beadwork designs, and learning traditional games. (JHZ)

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AMERICAN INDIAN EDUCATION

MINI REVIEW

ED287658

American Indian Enrichment Activities

by

Sally Kosnick

1981

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AMERICAN INDIAN EDUCATION

MINI REVIEW

AMERICAN INDIAN ENRICHMENT ACTIVITIES

Many elementary classrooms in America have students from American Indian background. To enrich the needs for all students, elementary teachers are challenged to provide materials and activities for the various cultures their students represent. When children can accept and share their own heritage as well as the heritage of others, their understanding of our complex society can be enhanced. They need to be aware that ideas and customs can be and are borrowed from many cultures.

Although numerous curriculum guides for various cultures have been developed and used by many elementary teachers, some need additional enrichment resources. This mini-review presents supplementary resources, including coloring books and music, art, and craft activities for American Indian enrichment resources, also information abour Mexican Americans, Black Americans, Asian Americans, European/Mediterranean Americans, and Anglo Americans.

RESOURCES FOR MULTICULTURAL ENRICHMENT

A Guide to Multicultural Education: Kindergarten Through Grade Three (ED 182 255), a comprehensive guide explores five heritage areas: Black American, European/Mediterranean American, Mexican American, Asian American, and American Indian. It describes the roots of American culture and discusses how many customs were brought to this country from a variety of cultures. This is done by presenting goals, objectives, teaching methods, audio-visual references, and suggested learning activities, ranging from very simple to relatively difficult for grades K-3. Specific grade levels are not indicated as ability and interest levels vary. This guide encourages the child's self-identity and suggests that children of mixed heritage are a valuable asset in the classroom. Also included are patterns for traditional folk arts and crafts, such as baskets, masks, and Navajo blankets, as well as a variety of legends, fairy tales, and fables from different cultures. The various festivals, celebrations, music, and costumes are presented with a cross-cultural grid designed to provide quick comparisons of various categories among the cultures. A selective bibliography of multicultural literature, published since 1970, noting grade level, concludes this document.

Suggestions for over 200 ways for preschool and elementary children to experience the arts, crafts, foods, games, holidays, and music of many cultures are presented in *Hands On Heritage*. The cultures explored are: Chinese, Greek, Israeli, Japanese, Mexican, American Indian, and West African. Effective classroom techniques for teachers and parents are outlined in Chinese, English, and Spanish.

Available From:
Children's Book and Music Center
5373 West Pico Blvd.
Los Angeles, CA 90010
(320 pp./$14.95 plus $1.50 postage, prepaid)

Supplement to Art for Elementary School (ED 187 635) presents art activities from a variety of cultures, for grades K-6, include making a shadow puppet or a personal coat of arms, designing a Japanese rock garden, weaving on a screen, and making paper mache characters and duck decoys. A bibliography including additional resource kits, films, and records is provided.

Activity File of Learning Center and Classroom Multicultural Activities (ED 118 711) describes numerous enrichment activities for the elementary school are included in this cardfile for the study of Black Americans, Asian Americans, Mexican Americans, American Indians, and Anglo Americans. A multi-media approach using films, filmstrips, tapes, and field trips divides activities into five areas: reading and language arts, cooking, arts and crafts, math, and music and dance. Poems about the Underground Railroad,

recipes for "maple snow", paper mache masks, Indian sandpaintings, Japanese carp kites, and Oriental block prints are among the suggestions.

RESOURCES FOR AMERICAN INDIAN ENRICHMENT

North American Indians: An Annotated Resource Guide for the Elementary Teacher (ED 085 156) is a comprehensive listing of 600 resources (1926-1972) about American Indians, prepared by Indians and non-Indians for all children, includes art activities, poetry, records, films, and children's books about Indians of North America, with a special section on Indians of Arizona.

Art and Indian Children of the Dakotas: An Introduction to Art, Series One (ED 183 344) and *Art and Indian Children of the Dakotas: An Introduction to Art and Other Ideas, Series Two* (ED 183 344) are designed for early grades. These guides, authored by Arthur Amoitte, discuss the art and culture of the Lakota Tribe stressing the importance of art in their culture. More than 250 pictographic symbols used by the Lakota Tribe are illustrated and explained.

Primarily designed for those who work with children on the Navajo Reservation, *Art* by Kathern Arviso (ED 164 156) offers quick reference and simple projects requiring minimum supplies, for grades K–2, 3–5, and 6–8. Murals, puppets, recipes, paper mache, and weaving are a few of the activities listed. Exemplary exercises, illustrations, and lesson plans are also included.

Daybreak Star Press publishes curriculum materials which accurately and sensitively portray tribal cultures and histories, and the experiences of American Indians in contemporary society. Some of the following are the kinds of materials distributed by *Daybreak Star Press: Daybreak Star Monthly Reader*, each issue of this periodical, intended for grades 4–8 but adaptable for other grades, explores a different subject area and features interviews with Indian people, book and movie reviews, creative writing, legends, recipes, games, and puzzles, along with contributions from the readers.A teacher's guide supplies discussion questions with supplementary activities. *Daybreak Star Quarter Moon* is a periodical for grades 1-3, published four times during the school year, includes activity pages to color, puzzles, games, and legends. *The Mamook Book* involves students, grades 4-6, but easily adaptable for earlier grades, in constructing a longhouse, making a legend, a transformation mask, and other activities, teaching Northwest Coastal Indian culture, past and present. *Daybreak Star Preschool Activities Book* provides activities and classroom materials forAmerican Indian children, preschool to grade 2, including patterns and instructions for making lotto boards, lacing cards, puzzles, and wooden dominoes.

Available from:
Daybreak Star Press
United Indians of All Tribes Foundation
P.O. Box 99253
Seattle, WA 98199

The Indian Reading Series: Stories and Legends of the Northwest is a supplementary reading and language arts program which includes 60 student books presenting authentic Indian legends and contemporary stories. Songs, pantomines, role playing, and dances of the Northwest Indian life are activities listed in the accompanied teacher's manual.

For more information:
Educational Systems, Inc.
2360 SW 170th Avenue
Beaverton, OR 97005

Foods the Indians Gave Us by Raven Hail (ED 180 732), a coloring book with limericks is used to present the most familiar plant foods that originated with American Indians, such as avocados, corn, pecans, chile peppers, potatoes, and others.

Health Careers – Paper People and *INMED Coloring Book* are both developed by the Indians Into Medicine (INMED) Program. *Health Careers* is a paperdoll set to introduce the American Indian student to the opportunity of entering various health careers, such as physician, nurse, pharmacist, physical therapist, and others. For most occupations, there are uniforms for both men and women. The *INMED Coloring Book* tells a story of True Heart the Turtle who becomes a medical doctor for the Indian people. It also shows various other careers in the medical world.

Available From:
Indians Into Medicine Program (INMED)
University of North Dakota
Box 225
Grand Forks, ND 58201

Vesta Johnson tells in the *Haida Button Blanket* (ED 186 191) the legends and history of the emblems used on the button blankets of the Haida Nation, as well as, related vocabulary words in Haida and English and eight songs and dances. Instructions and diagrams show students how to make their own blankets.

Blackfeet Language Coloring Book compiled by Elizabeth Lewis (ED 184 778) includes simple drawings of foods, numbers, plant and animal life important to the Blackfeet Tribe are

accompanied by their names printed in both the English and Blackfeet languages, with blank pages provided for the student to practice writing the picture words.

Cathy Ross and Roger Fernandes have authored the *Native American Curriculum Series*. Each of the six books contains instructional material pertinent to the Indian tribes living in the mentioned region and references to films, books, and records for related information.

General Information about Native Americans (ED 184 791) introduces elementary students to the culture and history of Woodland, Plains, Desert, and Coastal Indians. Differences and similarities among cultures are presented through background information, legends, classroom activities, discussions, and evaluation questions. Student activities include completing a chart to show comparisons and contrasts among culture areas.

Coastal Culture Area (ED 184 794) provides background information, legends, games, illustrations, and art projects for elementary students. The coastal region includes tribes of the North Pacific Coast and Pacific Northwest. Directions and patterns are provided forconstructing models of a Coastal longhouse, a totem pole, and a crooked-beak-of-heaven mask of the Kwakiuti people.

Desert Culture Area (ED 184 795) describes the Navajo, Pueblo, and other Indian tribes of the Southwest desert for elementary students. Topics include climate, farming, significance of Kachinas, and the use of sandpaintings in Navajo healing ceremonies. Activities suggested are mapping the location of the 12 Southwest Tribes and constructing a model pueblo (directions and patterns are provided).

Plains Culture Area (ED 184 793) introduces the Cheyenne, Sioux, Arapaho, and Blackfeet, tribes of the Plains culture area, extending from the Rocky Mountains to the Mississippi River and from Texas to Canada. Topics include the importance of the buffalo and the design of tipis. Translating and writing pictograph stories, creating a geometrical beadwork design, and learning a traditional game are suggested activities.

Woodland Culture Area (ED 184 792) extends from the Mississippi River to the Atlantic Ocean and from Florida to the Great Lakes. This booklet for elementary students includes an overview of regional culture, as well as information about specific tribal customs and leaders. Activities such as constructing a model wigwam and canoe (patterns and instructions are included) and learning letters in the Cherokee alphabet are suggested.

The Way It Is Today (ED 184 796) is a general overview of how the various American Indian cultures live today. Contemporary Indian leaders and issues, the survival of traditions, and the effects of Indian stereotyping are discussed. Student activities include identifying Indian stereotypes in literature and describing their reactions if their own culture were outlawed by modern invaders. The final section briefly describes the lives and contributions of Indian people such as Bernie Whitebear, Maria Tallchief, and Buffy Sainte-Marie.

Suggested Films

Discovering American Indian Music

The American Indian has a rich and varied musical tradition. In this film you hear the songs and see the dances of tribes from various parts of the country performed in authentic costumes. You learn of the social and ceremonial functions of the music, and discover how Indians live today. The 24-minute film depicts the different music of the over 200 Indian tribes in the United States, each with its own unique cultural traditions.

Available From:
BFA Educational Media
2211 Michigan Avenue
Santa Monica, CA 90404

Tapestry

The film features Mrs. Rosa Guerrero, a resource teacher for the Intra—Cultural program of the El Paso Independent School District. Her performance stresses music and dance and how they serve as a means of exchanging feelings and thoughts on a non-verbal level, man-to-man, regardless of nationality, religion or language. Objectives of the 28-minute film are: 1) to increase awareness and understanding for other cultures; 2) to increase perception in recognizing and accepting as valid different values, needs, and points of view; and 3) to develop an understanding of other people's reactions to particular situations.

Available From:
Junior Woman's Club of El Paso
P.O. Box 3667, Station A
El Paso, TX 79923

More Than Bows & Arrows

Shows the impact American Indians have had in the development of the United States in: Government, Agriculture and Food, Architecture and Urban Development, Language and Education. The film is narrated by N. Scott Momaday, Pulitzer Prize Winning Author. A study guide accompanies the 56-minute film.

Available From:
CINEMA Associates, Incorporated
Box 9237
Seattle, WA 98109

Articles cited by ED number can be obtained from your nearest ERIC Microfiche Collection.

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